

CREATING A CULTURE OF HEALTHY TEAMWORK ON YOUR TEAM

The Five Behaviors of a Healthy Team



Building Trust

Team members who trust one another are comfortable being open, even exposed, to one another about their failures, weaknesses and fears.



Mastering Conflict

When trust is present, teams are able to engage in unfiltered ideological debate around ideas, issues and decisions that must be made.



Achieving Commitment

The ability to engage in conflict and provide input enables team members to buy-in or commit to decisions.



Embracing Accountability

After commitment is established, team members must be willing to hold one another accountable and remind each other when actions are counterproductive to the team.



Focusing on Results

Collective team results must supersede any personal objectives or pursuits.

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