

FIVE BEHAVIORS EXERCISE

As a team, evaluate how your team interacts and behaves. Rank your team’s effectiveness in practicing each of the Five Behaviors of a Healthy Team. (1 highest, 5 lowest)

- _____ Trust
- _____ Conflict
- _____ Commitment
- _____ Accountability
- _____ Results

Which behavior needs the most attention as a team? How do your actions and tendencies contribute to the lower ranking behaviors?

Commitments